

# 名古屋外国語大学海外派遣プログラム成果報告書

2024年8月9日

学部・学科名 現代国際学部

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1. 区分	中期留学 ・ <b>語学研修</b> ・ 海外実習
2. プログラム名称	ワイカト大学 春季集中研修プログラム
3. 渡航先国名	ニュージーランド
4. 派遣期間	2024年2月9日(金) ~ 2024年3月10日(日) 31日間
5. 派遣先教育機関名	ワイカト大学 ハミルトン校
6. 参加学生数	29名
7. 派遣目的	英語が母語として話されている国で英語を勉強するとともに、その土地の文化及び社会等を直に学ぶこと。
8. 派遣内容	<b>General English</b> コースでは、英語を実践的に使用するためのスキルの習得を目指した授業が行われ、とりわけリスニング・スピーキングおよび発音に重点が置かれています。宿泊形態はホームステイで、ホストファミリーはワイカト大学の厳しいチェックで厳選された登録ファミリーで、留学生を家族の一員として温かく迎えてくれます。春休みを有意義に過ごしたい、ホームステイを体験したい、中期留学・長期留学前の準備として海外生活を経験しておきたいと思っている学生にとって、最適のプログラムです。
9. 成果	研修参加学生の帰国後のアンケートでは以下のような成果が挙げられていた。  ・自分でも実感できるほどに、リスニングとスピーキングの力がついたこと。海外で1か月間暮らしたことで、多文化社会に触れることができ、自分の英語に少し自信が持て

	<p>るようになった。</p> <ul style="list-style-type: none"> <li>・参加前と比べて、英語に対する意欲は圧倒的に向上した。毎日英語を聞いていたのでリスニング力も上がった。英語で話すことに抵抗があまりなくなった。</li> <li>・英語を話すことに対しての恐怖感が消えた。また、発音の改善の大切さ、語学学習をする楽しさを感じた。</li> <li>・会話をする時の表情や相手の目を見る必要性などを知った。どの場面でどの英語を使うのかを学ぶこともできた。</li> </ul>
10. 備考	なし

以上

## **New Zealand Report**

### **1. What were the most important or interesting things that you learned**

#### **i About English?**

I was able to experience authentic English that I could not learn in class or in Japan, but which I could learn only by being overseas. The English skills that I feel particularly improved are listening and pronunciation. I feel that my ability has improved by speaking English with my host family and local friends every day. I have gradually gotten used to conversations that I couldn't understand at first, and I am now able to respond concretely to questions rather than just saying yes and no. Then, when I couldn't translate what I wanted to say into English, I started to be able to rephrase it in English as far as I could.

#### **ii About New Zealand life and culture?**

After spending a month in New Zealand, I started to understand more about its life and culture and came to think that I wanted to live in this country forever. On my first day in New Zealand, I felt the beauty of this country. No matter where I go, people would talk to me very kindly and help me as if I were a friend, even though I'd met them for the first time. In Japan, people are hesitant to talk to and help people they don't know, but in New Zealand it was quite different, which I thought was wonderful. I also felt that people were living their lives in their own pace, and I thought it was cool that they were able to live their lives freely and without being chased by others or being chased by time.

#### **iii About yourself**

I feel that I was able to live a more authentic life in New Zealand than I do in Japan. I was able to actively try various things in a new environment, and I feel that I was able to express my true self. I feel that this is because I was able to experience New Zealand's culture firsthand. And I feel that my narrow sense of values has become broader. Also, by coming into contact with foreign values and cultures, I also understood my own weaknesses. Therefore, I felt strongly that I should work harder, improve my English skills further, and pursue my dreams in my own way.

### **2. What is your most special memory from the program?**

My favorite memories are going out and chatting with my host family and local students. I was happy to be able to connect with people from different cultures, races, and countries. I

learned that if we could truly respect and understand each other without prejudice, we could connect. I was surprised that I cried when we said goodbye even though it was only for a month. I gained something truly irreplaceable. At first, it was difficult to communicate well, but as I gradually understood other persons' personality and learned how to respond effectively using my own English skills, I was able to communicate more freely. I was happy.

### **3. Do you have any suggestions for improving the program?**

I would like to receive various contact information as soon as possible. Because I was given only ambiguous information, I was often unable to take appropriate action. I would like to receive more detailed information as soon as possible. I think this will help reduce student frustration and stress. I also think that if we had more time to interact with local students, we could create an environment where everyone could grow. Since class members were all Japanese, I felt that I naturally tended to stick to Japanese people. Only a few people were able to make local friends, so I wish I had more opportunities to do that.

### **4. What advice would you give to the students going to participate in this program next year?**

The best advice is to actively talk to the local people. There are many Japanese students in the class, so it's natural for students to stick together with Japanese students. If that was the case, there would be no point in coming overseas. By making local friends and having lots of fun and chatting with them, I was able to improve my English skills, broaden my sense of values, and have many valuable experiences. Therefore, I recommend that you should not be shy or passive, but actively take on challenges to improve yourself.

## New Zealand Report

I had good experiences in New Zealand. People living in New Zealand have various languages and cultures. My host mother can speak English, French, and Malagasy. I sometimes talked with my mother in French because I learned French. And some people have a strong accent. It was hard for me to understand them, but I tried to listen. Unlike when I was in Japan, I realized the demanding nature of accents. I also learned many more expressions to express something than I originally knew. My father taught me how to greet people in New Zealand. At first, I could not understand the expression, but I tried to listen and speak. And my father supported me, and I could see the meaning of the expression and tried greeting my teacher. My teacher was surprised at the greeting, and I was happy. Also, I could enjoy food. My host mother cooked various foods for me, and I enjoyed Italian, French, and Spanish foods. And my host family told me about traditional food in New Zealand and they let me try some New Zealand fruits. I tried a lot of food that I had never eaten. I was glad that I was able to try many things. I was changed while I was in New Zealand, because my host mother often told me that I should try everything. They let me try to ride a bike, eat food I had never eaten, and play new games. They provided me with information about these things. They also tried to share ideas with me and I liked that time. I had not been good at taking challenges, and I had not talked about my ideas in English. But my host family gave me a lot of chances for me to change.

Every Thursday, I took part in the English club that was held by Waikato university. This club provided an opportunity to improve my English skill and communicate with Waikato university's students. I could make friends and learned some words and knowledge about New Zealand culture. I went to a lot of places with my friend whom I got along with in the English club. One of my friends led me to the beach and an ice cream shop. I could enjoy the city and experience how to hang out in New Zealand. We sometimes picnicked along the lake and went to the night market where there were some stalls selling food from 5 pm. The English club was an important opportunity to make friends and I could spread my perspectives by talking and feeling the difference of culture. Also, I thought that class was important to learn kiwi culture and improve my vocabulary. My teacher always taught me New Zealand's culture and English with some games. I enjoyed learning and I improved my English and spread my perspectives. One day, I made a poi that was used with traditional Maori music and dancing. I did not only watch a video about Maori dance but I could also experience Maori culture. These experiences are invaluable in my life. I was able to make many memories that I will never forget.

This program provided me with opportunities to communicate with local students and experience culture. For example, I went to Waitomo cave and Kiwi House, and I saw

the light in the cave and a kiwi bird in Kiwi House. It was a very strange experience. I was refreshed to see lights of glow worms in Waitomo cave. I saw a kiwi bird that is the national bird and has a nocturnal habit. I was happy to see them. Also, I participated in the student exchange to make friends and get along with them. In the student exchange there was a campus tour and bowling with local students. We enjoyed talking and sharing other cultural things like food. This bowling was a particularly good opportunity to get to know local friends. I was so glad we had this opportunity. I hoped those going next year would have this opportunity.

If you are going to participate in this program, you should set some goals: for example, making friends with local students, trying traditional food in New Zealand, and explaining things without relying on a translator. It does not matter what your goals are. And you should try everything from the beginning. You should not be afraid to try telling your ideas and doing something that you have never done before. If you act on your own, the situation will change, and the opportunities to speak English will increase.

## New Zealand Report

I had a lot of new experiences in New Zealand, and I learned a lot through the program. Everything was new and precious for me.

First, I think the most interesting thing that I learned about English was that I got used to hearing English every day. At first, it was not easy to understand everything that host family and teachers said. However, gradually I was getting used to listening to English. And the number of words that I could understand gradually increased. Therefore, I thought it is important to listen to English and built up every day. Also, I think it is interesting that New Zealand people often use “Do you?”, “Is it?” or “Did you?” instead of “Really?” I learned about various ways to respond. In addition, my host family taught me slang and other phrases. Then, I tried to use them and I was able to use lots of different phrases. When I used those phrases, I was happy because I felt that I could talk more intimately with people. Therefore, I wanted to learn other casual phrases and regional slang.

Next, I think the most interesting thing that I learned about New Zealand life was that New Zealand is a multicultural society. When I walked in the streets, I saw many different cultures including people wearing scarves and with Māori tattoos. Also, I often saw in the supermarkets a section for vegetarians and vegans. I thought that New Zealanders respect each other’s culture. Also, I felt that they valued their own culture very much. Honestly, I did not know very much about other cultures and customs, so I thought I needed to know more about various cultures to understand each other’s culture.

Third, I think most important thing that I learned about myself is not to be afraid and try everything, because I could get a lot of new things by trying. I had not only good experiences for me but also difficult one too. However, I think all of them are good experiences because the results I could get from taking challenges were greater than when I did not try. I also realized that I could not grow if I did not challenge myself. My host family and teachers accepted my mistakes, and they always gave me a push in the back. Therefore, I was able to develop a positive attitude. I want to try many more things in the future.

My most special memory from the program is the graduation ceremony. I was pleased because when my name was called, my host family congratulated me more loudly than anyone else. Also, they listened to our song looking at my eyes when we were singing. I was so happy that they celebrated me as part of their family. My homeroom teacher also offered congratulations on our graduation. And she gave me advice and support. The hug she gave me finally was very impressive. After the graduation ceremony, I spent the last night with my host family. I ate pizza, played with a dog, did jigsaw puzzles and looked at the stars. Then, I told them my thanks. I was glad they missed me when I told that. It was a special day for me because I realized I was lucky to have met my host family.

I think it would have been better if we could use more opportunities to interact with Waikato university students. We had opportunities to interact with them and I could make friends. To talk with them was a good experience for us because they told a lot of things about New Zealand, university, and fashion. I learned a lot from listening to English outside of my host family and classrooms. Therefore, the opportunity to interact with Waikato university students is important for students. So, I think it would be better if we have more student exchanges.

Finally, my advice to the students going to participate in this program is that they should take challenge. As I mentioned above, they cannot change anything without trying. One month is very short, so they should consider everything as precious and try everything. They can change after one month depending on how much they can challenge themselves. If they are not afraid to try, they will get a lot. And that experience will help them wherever they are. Therefore, I think they need to have courage to take challenges. I hope they will make the most of this opportunity. I think New Zealand is a good country in which to challenge themselves because people in New Zealand are very kind and they respond friendly.

In conclusion, this program was a very good experience for me because I could learn not only English but also culture and the importance of trying. I was glad to participate in this program.