

名古屋外国語大学海外派遣プログラム成果報告書

2024年3月8日

学部・学科名 外国語学部・英米語学科

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1. 区分	中期留学 ・ <u>語学研修</u> ・ 海外実習
2. プログラム名称	春期アメリカ研修
3. 渡航先国名	アメリカ（リバーサイド）
4. 派遣期間	2024年 1月 28日（日）～ 2024年 2月 25日（日） 29日間
5. 派遣先教育機関名	カリフォルニア大学リバーサイド校
6. 参加学生数	21名
7. 派遣目的	Students joined the DBAS US Study Tour, studying at the UCR Extension
8. 派遣内容	Students participated in a four-week English/ Culture study program at UCR Extension. In addition to language and culture classes, the students experienced living with a homestay family and an excursions around Riverside and nearby attractions, including the Japanese-American National Museum.
9. 成果	All 21 students were able to successfully complete the course at the UCR Extension. In terms of self-reports from the students. They reported a heightened knowledge of US Culture, specifically highest in terms of history, civilization, poverty, and politics. In terms of language, they reported increases in all four skills as well as components of Intercultural Competence
10. 備考	Fortunately, the unusually strong rains and flash floods did not have any negative effects on the program.

以上

US Study Tour Report

Please reflect on your time in the US and answer the questions below.
Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

First, I was surprised that they have a lot of things such as big cars and big houses. I think it is very different in Japan, but it was interesting for me. During my homestay, I talked with my host mother and father everyday and I learned that it is important and good to express myself clearly when communicating with American people. For example, when I was having fun, I told them how I felt and said thank you, and it made them happy. In Japan, there are few opportunities to express my feelings clearly in words, but from this experience, I felt it is good to communicate with people more and convey my feelings.

2. What was the most important or interesting thing that you learned?

I learned a lot of things in America, in particular, the most interesting thing that I learned was about different cultures. I had many chances to get involved with my friend's host family, and they were Mexican American. So I could learn about Mexican culture, food, music, and tradition. It was very interesting for me and I was very surprised that they knew a lot about their own country. I think it is very different from Japan, because Japanese people don't know about Japan and I also can't explain about my country deeply. From this experience, I learned that knowing about my own country is very important to make myself more appealing.

3. Do you think you have changed as a result of your time in the US? If so, how?

I think I have changed. Because I had a lot of chances to do something by myself in a new environment. I like new people and the environment, so I enjoyed the time in America and it made me more active and happy. Also, in class at UCR, the teacher always told us not to be afraid of making a mistake and ask actively, so I could be more active at last.

4. How would you like to apply what you have learned for your future?

I plan to study abroad in Canada this June, and I would like to apply my experience in America. From this Study tour, I learned that it is important to expand my network and it will make my time better. My English ability is still not good, but I want to keep in mind the importance of assertiveness that I learned this time and increase my opportunities to meet new people.

US Study Tour Report

Please reflect on your time in the US and answer the questions below.
Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

I experienced food differences. I always eat vegetables in Japan. I think a lot of Japanese like vegetables or something healthy. But American always eat high calorie foods like steak and hamburgers. At first, I had indigestion and it was stressful for me until I got used to the differences in food culture. Also, I experienced chip systems and was surprised at it. Japan doesn't have a system. So I was confused by it. I didn't know how much to pay. Actually I couldn't understand this system. I didn't pay for it anytime. In the first place, prices were too high to do so. I experienced a lot of things. And I thought there were still many cultures I didn't know.

2. What was the most important or interesting thing that you learned?

I learned that prejudice should be thrown away. Before I went to America, I thought America was one of the most dangerous countries. Because I watched a lot of bad news of America. For example, racial discrimination, murder, kidnapping, etc. So I thought that most American were crazy and had no common sense. But it was wrong. Of course, some people are dangerous, but others are very kind and nice. A lot of people in America were very kind to me. I think it is kinder than Japanese. So I learned that prejudice is bad. If we throw away prejudice, we could learn a lot of new things.

3. Do you think you have changed as a result of your time in the US? If so, how?

Yes, I do. The norm for me is not the normal for other people. For example, Japanese hide their emotions and real things. It is called "Honne to Tatemae" in Japanese. And a lot of Japanese refrain from something. It is not a bad thing in Japan. But this idea is different from America. Americans tell their true feelings. They don't hide. They are very very honest. If they feel "no", they would say it honestly. Through my life in America, I have changed my idea that it is important to think about the other person and tell their true feelings, rather than to hide one's true feelings.

4. How would you like to apply what you have learned for your future?

Before I participated in this program, I gave up English. I thought English was difficult for me. But when I went to America, I remembered that I like English and want to speak it well. And I wanted to learn more about many things by throwing away my prejudices and actually experiencing the differences between cultures. English is essential for that. So I want to learn more English so I don't forget what I've learned. And I want to study abroad. So I will use this wonderful experience as motivation to study English hard.

US Study Tour Report

Please reflect on your time in the US and answer the questions below.
Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

First of all, I felt scared and could not be accustomed to a word, Huh. I knew this means could you say it again, but I felt large pressure when I was told the word, then I lost the conference to say same thing even if I change grammar a little to host family for instance. I hate myself that I get discouraged immediately when I heard the word. However, I think I will never be accustomed to this because of the intonation of this word, the intonation is far from Japanese intonation and we Japanese feel the person who said it may be angry with us. I do not think I want to be accustomed to this word, but I want to understand that I do not need to feel bad as I heard it. Second, I was not also accustomed to the timing of collecting plates while I was eating dinner everyday. In Japan, maybe only my house, I bring all my plates to the sink to wash after finishing eating all meals included tea and water. However, during this homestay, my host mother collected my dishes after finishing eating each meal. I was always confused and could not be accustomed to this behavior until the last day. I was going to bring all the plates by myself after eating everything everyday, but my host mother always got angry a little when I was drinking tea even though I finished eating the main meal. I did not want to get mad at my host mother, but as a result, I maybe gave her the feeling of getting angry. In particular, the latter is maybe a little thing, but it gave me a big shock.

2. What was the most important or interesting thing that you learned?

I learned about myself a lot during this program in detail, I could know about my personality, preference. During this program, there was nobody around me like family, different from before departing Japan, so it was easy for me to feel tired everyday and I also had time to face myself in the US. In Japan, I often tried to adapt to someone or friends when I want to go somewhere or do something. However, thanks to both of my host family took me to many places, Hollywood, Santa Monica Beach, etc, and teachers took our students to see beautiful landscapes, I could know which do I like and which do I enjoy more. As a result, I enjoyed hiking and seeing beautiful scenery without pretending real myself rather than going to a big city like Hollywood and getting excited. Of course, going to a big city was also a good experience and I could see the cityscape and cultural differences that are very different from where I live. However, if I did not go hiking and did not experience that I could truly enjoy doing, I would adapt to my roommate until the last day. Thanks to this experience, I did not think I always have to adapt to someone and I could tell my roommate about what I want to do.

3. Do you think you have changed as a result of your time in the US? If so, how?

As a result, I realized that I really like Japan even though I experienced living in the US. However, if I did not go there, I will say I like Japan, Japan is a country better than other countries without experiencing aspects of the other countries and only prejudices. Thanks to actually living there, I could reconfirm that I really like Japan. In addition to this, I tried to change my pronunciation of English a little. Before departing Japan, I had little experience speaking English in front of foreign people and my English pronunciation is Japanese pronunciation, so I was embarrassed to pronounce my English in front of native speakers. However, I took advantage of the opportunity of this training, I daringly pronounced connected English as much as I could. Then, I could feel that I could communicate with my

host family more easily than before and at the same time, I was proud of myself because I could transfer these pronunciations into action. Moreover, my confidence of English also changed. I was pleased the best when my host mother told me your English is easy to understand. I was happy to be told that by a native speaker who speaks English everyday as an official language. The words lead to my confidence for the future.

4. How would you like to apply what you have learned for your future?

I think I can continue easy conversation, however, in this program, I felt I could not tell information in detail in conversation because I could not use English expressions well and it led to bad feelings for me. This means that there is a gap between what I really want to say in English and what actually comes out of my mouth, I felt guilty about myself during conversation. From now, I am going to improve this point without losing confidence.