# 名古屋外国語大学海外派遣プログラム成果報告書

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<u>学部·学科</u>名\_\_現代国際学部

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1.区分	中期留学 ・ 語学研修 ・ 海外実習
2. プログラム名称	ダブリンシティ大学中期留学プログラム
3. 渡航先国名	アイルランド
4. 派遣期間	2024年9月21日(土)~2024年12月14日(土)85日間
5. 派遣先教育機関名	ダブリンシティ大学
6.参加学生数	9名
7. 派遣目的	英語を公用語とする国で、英語を集中的に学び、コミュニ ケーション能力の向上を図るとともに、ボランティア・イ ンターンシップ等を通じ、現地の風土・文化に触れ、異文 化理解を深めることを目的とする。
8. 派遣内容	1~4週目までは語学研修を行い、5~12週目は午前は現地 大学で語学研修、午後からはインターンシップ研修とな り、学生の希望に沿う業種の現地研修地で「働きながら、 コミュニケーション能力向上」に努める。語学研修はダブ リンシティ大学の中にある語学学校で行われ、留学生だけ でなく現地の学生とも交流することが可能な環境である。 インターンシップの研修先はおもにコンビニやスーパー などの小売店である。参加学生は現地の人々と共に働き、 現地の人々相手に英語を使用し、緊張感のある職場体験と ともに接客を通じて実践的な英語力を高める。

	帰国後のアンケート、レポートでは以下のような成果が挙 げられていた。
9. 成果	<ul> <li>・英語力だけでなく、コミュニケーション能力が向上した。</li> <li>アイルランドでは、自分から行動しなければならない場面が多く、英語の練習のためにもクラスメイトに自分から話しかける努力をしたため、コミュニケーション能力も得られたと感じる。</li> </ul>
	・インターンシップの機会を通して、現地人のネイティブ イングリッシュに触れる機会が多くあり良かった。また、 ヨーロッパ周辺からの留学生も多く、発音に癖があり苦労 したが、全体を通してリスニング力が上がったように感じ る。
	・留学開始後は、クラスに慣れるころで一生懸命で不安し かなかったが、明らかに以前よりボキャブラリーが増え て、語彙力が上がったと感じる。
10. 備考	なし

以上

## プログラム感想レポート

#### 1. What were the most important or interesting things that you learned?

I think cultural differences are the most interesting things that I learned. In my class, there were students from diverse countries. For example, there were Italians, Chinese, Koreans, Kuwaitis and Colombians. I was surprised every time I spoke to them because each student had a different culture. In Kuwait, men and women cannot become friends for religious reasons. There were a Kuwaiti boy and a girl in my class, but they didn't talk to each other. When I talked to the Kuwaiti boy, he told me about Islamic customs. He taught me about various things, such as the manners before praying at the mosque and Ramadan. Inside the mosque, they must cover their skin and remove their shoes. They wash their bodies with water and clean their mouths, too. I also learned about foods they cannot eat for religious reasons. They cannot eat pork, so they can't eat gelatin because it contains pork fat. When they eat jelly they have to be careful about the ingredients. They often eat lamb and beef. However, eating blood is forbidden, so all blood must be drained before eating. In addition, as the consumption of alcohol is a taboo, they cannot eat anything that contains alcohol. It seems that smoking is also prohibited. Muslim women wear hijab and are forbidden to remove it in front of anyone other than their family. Apparently, once they put on the hijab, they have to wear it all the time.

## 2. What is your most special memory from this programme?

My best memory is the time I spent with my host mother. She was a very calm and kind person. Sometimes she baked me cupcakes, which were delicious. She also taught me about good places to visit in Ireland. Thanks to her, I was able to go to many wonderful places on weekends. My favorite place was the Christmas market in Dublin. The illuminations were beautiful and hot chocolate was great. She told me about Irish Christmas culture. The story about Santa's elves was particularly interesting. Elves are mischievous fairies that are visible only to children. They come to the house before Christmas and play all sorts of mischief. My host mother works at an elementary school, so she brought an elf doll for her kids every day. She pretended that she couldn't see the elves and made the children believe in fairies. I like her kind and humorous personality. In November, something very sad happened and I was feeling down. At that time, she gave me kind words. She told me, "Everything that happens has a purpose. You are a wonderful person. So whatever happens will be okay, and you will be happy." Her advice made me feel positive. On my last day in Ireland, she gave me a painting by her favorite artist. It will be a treasured memory for the rest of my life. I still keep in contact with her after returning to Japan. Through this programme, I was able to build wonderful relationships.

3. Did you achieve your goals in this programme and how will you leverage your experience in your school life or future carrier?

During my study abroad, I had the opportunity to talk to people from various countries. At first, it was difficult to understand everything that anyone was saying, because each person spoke with a different accent. But now I can understand what they are saying. My listening ability has improved a lot. I think my pronunciation has improved, too. Local people can easily understand my English in restaurants and shops. I was able to have casual conversations with local people on the bus. Furthermore, I was able to interact with people from various countries in class and make a lot of friends. I learned from them a lot about other countries' cultures that I didn't know about.

### 4. Do you have any suggestions for improving this programme?

The programme would be improved if it should be made mandatory for host families to give students house keys. Several students were not given keys and had to stay at school till late at night. There are homeless people in the city, so I think it's dangerous to walk around at night. I also don't think it's fair that some students don't have the time to relax at home. Internships should also finish by 5pm. In Irish winter, night comes early. I think it's very dangerous to walk in the dark. Also, the last day of the internship should be the same for all participants. Some students have fewer shifts than others, and I don't think it's fair. Internship uniforms are usually black, so the universities should give this information before the students leave Japan. By letting them know in advance, they will be able to avoid wasting money on internship uniforms.